



# BULLETIN:

## Child and Adult Care Food Program

### Child Care Centers & Day Care Homes

[www.education.alaska.gov/tls/cnp](http://www.education.alaska.gov/tls/cnp)

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**To:** CACFP Sponsors  
CACFP Program Reviewers

**Date:** November 5, 2012

**Bulletin:** 2013-02

**From:** Ann-Marie Martin  
CACFP Program Specialist

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

#### Bulletin Topics

1. FY13 Update and Renewal Reminder
2. Two Funding Opportunities
3. Team Nutrition Recipes for Healthy Kids Cookbook
4. New York Times Article: There's Homework to Do on School Lunches
5. Sweet Potatoes Bring Health, Taste to Side Dish Choices (Recipes)
6. Mealtime Memo for Child Care: It's Time to Celebrate: Food-Free Celebrations

#### 1. FY13 Update and Renewal Reminder

As a reminder, November 15<sup>th</sup> is the FINAL day for paperwork & database submission for FY13. If you have all of the paperwork completed please submit it NOW so we can start processing on our end. If you have not completed the Central Contract Registry (CCR) and gotten an expiration date because of a glitch in the SAMS system then please attach the documentation that you've contacted the SAMS help desk and their response to the delay. We cannot approve you without the form complete, or at least verification from the SAMS help desk that they are working on the problem. Your October claim will be held until we receive the CCR Expiration Date from you.

Starting with your October claim we will be requiring your program expenses for each organization. This will be entered onto the Sponsor Claim Sheet. If you have more than one site, you will add up your expenses from all sites and submit on the Sponsor Claim Sheet. See the categories below.

Program Expenditures (for Centers only)		
(22) Program Food:	<input type="text"/>	
(23) Operational Labor:	<input type="text"/>	
(24) Administrative:	<input type="text"/>	
(25) Administrative Labor:	<input type="text"/>	
(26) Other Program Expenditures:	<input type="text"/>	
(27) Total Program Expenditures:	0.00	

Only include those expenses you are counting for the CACFP to show you are operating a non-profit food service. You must have documentation for any expense, which will be reviewed during your administrative review. At the end of the program year the amount of expenses you provide on the NPFS Financial Report will match what you have entered into the CNP database. Contact Veronica Lietz if you have questions.

## **2. Two Funding Opportunities**

### **Champions for Healthy Kids Grant**

Through the Champions for Healthy Kids program, the General Mills Foundation will award 50 grants of \$10,000 to organizations working to improve nutrition and physical fitness behaviors for youth (ages 2-18). SPARK is a model program for this grant and can provide the resources you need to promote physical activity and healthy eating.

**Eligibility:** Schools, after school programs, daycares, community-based organizations & governmental agencies

**Award Amount:** \$10,000

**Deadline:** December 3, 2012

#### **Next Steps:**

- a. Go to:  
[http://www.generalmills.com/en/Responsibility/community\\_engagement/Grants/Champions\\_for\\_healthy\\_kids.aspx](http://www.generalmills.com/en/Responsibility/community_engagement/Grants/Champions_for_healthy_kids.aspx) for more information and to access the grant application.
- b. Contact SPARK at 1-800-SPARK PE or [spark@sparkpe.org](mailto:spark@sparkpe.org). A Program Consultant will ask you a few questions, learn about your current program, and listen to your vision for improving nutrition and physical fitness behaviors in your program. Together, we'll create a program that will WORK and LAST.

### **American Journal of Preventative Medicine Childhood Obesity Challenge**

Round 2 of this challenge seeks submissions focusing on innovative policies aimed at reducing childhood obesity, as well as strategies for getting these policies adopted and applied to schools, institutions, municipalities, or other organizations. The Challenge is open to individuals or teams from any sector.

Submissions will be judged based on innovativeness and potential real-world effectiveness. The first-place winner will receive a \$2,500 cash prize and will be featured in AJPM (website and print). Cash prizes will also go to second- and third-place winners, and the winner of the 'Popular Vote.'

The deadline to submit is November 30, with winners to be announced Jan. 15, 2013. Visit the Challenge website: <http://ajpmchallenge.calit2.net/>

## **3. Team Nutrition Recipes for Healthy Kids Cookbook**

Team Nutrition released the Recipes for Healthy Kids Cookbook, highlighting the top 30 recipes from the Recipes for Healthy Kids Competition. Team Nutrition posted three versions of the cookbook, tailored for use in schools, child care centers, and homes:

[http://www.teamnutrition.usda.gov/Resources/recipes\\_for\\_healthy\\_kids.html](http://www.teamnutrition.usda.gov/Resources/recipes_for_healthy_kids.html).



### Team Nutrition Releases "Recipes for Healthy Kids Cookbook for Schools"

Thirty kid-approved recipes from the **Recipes for Healthy Kids Competition**, which the U.S. Department of Agriculture (USDA) launched in September 2010 in support of First Lady Michelle Obama's *Let's Move!* initiative in collaboration with the American Culinary Federation and School Nutrition Association.



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<b>8</b> <b>Participating Schools</b> School Nutrition Program	<b>50</b> <b>Healthy Kids</b> Healthy Kids Competition
<b>Whole Grains</b>	<b>Dark Green and Orange Vegetables</b>
<ul style="list-style-type: none"> <li>12 Old-Fashioned Oatmeal</li> <li>13 Apple Cinnamon Oatmeal</li> <li>14 Apple Cinnamon Oatmeal</li> <li>15 Apple Cinnamon Oatmeal</li> <li>16 Apple Cinnamon Oatmeal</li> <li>17 Apple Cinnamon Oatmeal</li> <li>18 Apple Cinnamon Oatmeal</li> <li>19 Apple Cinnamon Oatmeal</li> <li>20 Apple Cinnamon Oatmeal</li> <li>21 Apple Cinnamon Oatmeal</li> <li>22 Apple Cinnamon Oatmeal</li> <li>23 Apple Cinnamon Oatmeal</li> <li>24 Apple Cinnamon Oatmeal</li> <li>25 Apple Cinnamon Oatmeal</li> <li>26 Apple Cinnamon Oatmeal</li> <li>27 Apple Cinnamon Oatmeal</li> <li>28 Apple Cinnamon Oatmeal</li> <li>29 Apple Cinnamon Oatmeal</li> <li>30 Apple Cinnamon Oatmeal</li> <li>31 Apple Cinnamon Oatmeal</li> <li>32 Apple Cinnamon Oatmeal</li> <li>33 Apple Cinnamon Oatmeal</li> <li>34 Apple Cinnamon Oatmeal</li> <li>35 Apple Cinnamon Oatmeal</li> <li>36 Apple Cinnamon Oatmeal</li> <li>37 Apple Cinnamon Oatmeal</li> <li>38 Apple Cinnamon Oatmeal</li> <li>39 Apple Cinnamon Oatmeal</li> <li>40 Apple Cinnamon Oatmeal</li> <li>41 Apple Cinnamon Oatmeal</li> <li>42 Apple Cinnamon Oatmeal</li> <li>43 Apple Cinnamon Oatmeal</li> <li>44 Apple Cinnamon Oatmeal</li> <li>45 Apple Cinnamon Oatmeal</li> <li>46 Apple Cinnamon Oatmeal</li> <li>47 Apple Cinnamon Oatmeal</li> <li>48 Apple Cinnamon Oatmeal</li> <li>49 Apple Cinnamon Oatmeal</li> </ul>	<ul style="list-style-type: none"> <li>51 Apple Cinnamon Oatmeal</li> <li>52 Apple Cinnamon Oatmeal</li> <li>53 Apple Cinnamon Oatmeal</li> <li>54 Apple Cinnamon Oatmeal</li> <li>55 Apple Cinnamon Oatmeal</li> <li>56 Apple Cinnamon Oatmeal</li> <li>57 Apple Cinnamon Oatmeal</li> <li>58 Apple Cinnamon Oatmeal</li> <li>59 Apple Cinnamon Oatmeal</li> <li>60 Apple Cinnamon Oatmeal</li> <li>61 Apple Cinnamon Oatmeal</li> <li>62 Apple Cinnamon Oatmeal</li> <li>63 Apple Cinnamon Oatmeal</li> <li>64 Apple Cinnamon Oatmeal</li> <li>65 Apple Cinnamon Oatmeal</li> <li>66 Apple Cinnamon Oatmeal</li> <li>67 Apple Cinnamon Oatmeal</li> <li>68 Apple Cinnamon Oatmeal</li> <li>69 Apple Cinnamon Oatmeal</li> <li>70 Apple Cinnamon Oatmeal</li> <li>71 Apple Cinnamon Oatmeal</li> <li>72 Apple Cinnamon Oatmeal</li> <li>73 Apple Cinnamon Oatmeal</li> <li>74 Apple Cinnamon Oatmeal</li> <li>75 Apple Cinnamon Oatmeal</li> <li>76 Apple Cinnamon Oatmeal</li> <li>77 Apple Cinnamon Oatmeal</li> <li>78 Apple Cinnamon Oatmeal</li> <li>79 Apple Cinnamon Oatmeal</li> <li>80 Apple Cinnamon Oatmeal</li> <li>81 Apple Cinnamon Oatmeal</li> <li>82 Apple Cinnamon Oatmeal</li> <li>83 Apple Cinnamon Oatmeal</li> <li>84 Apple Cinnamon Oatmeal</li> <li>85 Apple Cinnamon Oatmeal</li> <li>86 Apple Cinnamon Oatmeal</li> <li>87 Apple Cinnamon Oatmeal</li> <li>88 Apple Cinnamon Oatmeal</li> <li>89 Apple Cinnamon Oatmeal</li> <li>90 Apple Cinnamon Oatmeal</li> <li>91 Apple Cinnamon Oatmeal</li> <li>92 Apple Cinnamon Oatmeal</li> <li>93 Apple Cinnamon Oatmeal</li> <li>94 Apple Cinnamon Oatmeal</li> <li>95 Apple Cinnamon Oatmeal</li> <li>96 Apple Cinnamon Oatmeal</li> <li>97 Apple Cinnamon Oatmeal</li> <li>98 Apple Cinnamon Oatmeal</li> <li>99 Apple Cinnamon Oatmeal</li> <li>100 Apple Cinnamon Oatmeal</li> </ul>
<b>96</b> <b>Recipes for Healthy Kids</b> Healthy Kids Competition	

The top recipes in each category have been standardized in cookbooks for homes, child care centers, and schools.

The cookbooks feature recipes with foods that children and adults alike should consume more of: dark green and orange vegetables, dry beans and peas, and whole grains.

The cookbooks and recipes are available on the Team Nutrition Web site at [www.teamnutrition.usda.gov](http://www.teamnutrition.usda.gov). The cookbooks

#### 4. New York Times Article: There's Homework to Do on School Lunches

This article talks about how school children are not enjoying the new National School Lunch Program meal pattern which requires more fruits and vegetables and less processed grain products, etc. The author gives good ideas to breaking old habits of these children and child care centers would benefit from reading the article and making some changes. This is also an article that could be shared with the parents of children in care to encourage changes at home and child care.

#### 5. Sweet Potatoes Bring Health, Taste to Side Dish Choices (Recipes)

Sweet potatoes are rich in vitamin A, C, and B6 and can be used to add color, natural sweetness and taste to many holiday side dishes. Open the attached document for Sweet Potato Casserole, Carrot and Sweet Potato soup, and Potato and Sweet Potato Torte. Enjoy!

#### 6. Mealtime Memo for Child Care: It's Time to Celebrate: Food-Free Celebrations

Mealtime Memo for Child Care is issued by the National Food Service Management Institute (NFSI). These issues give provide information and ideas on physical activity. You can access the entire Mealtime Memo library at the NFSMI website: <http://www.nfsmi.org>.

#### Contact Information

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#### Commonly Used Acronyms

CACFP – Child and Adult Care Food Program  
CNS – Child Nutrition Services  
FNS – Food & Nutrition Services  
FNSRO-Food & Nut Services Reg. Office  
USDA – U.S. Department of Agriculture  
CNP – Child Nutrition Program

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DEC – Department of Conservation  
LEA – Local Education Authority

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